

July

2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2 Dead Week	3 Dead Week
4 Dead Week	5 Dead Week	6 Dead Week	7 Dead Week	8 Dead Week	9 Dead Week	10 Dead Week
11 Varsity: Strength Training JV: Field Work (8:00-9:00am) Varsity: Field Work JV: Strength Training (9:15-10:15am) Varsity Team Building (10:30-11:00am) Youth Football Camp Grades 5-8 (5:00-8:00pm)	12 Varsity: Strength Training JV/FR: Practice (8:00-9:00am) Varsity: Practice JV/FR: Strength Training (9:15-10:15am) Speed Camp (10:30am-Noon) Youth Football Camp Grades 5-8 (5:00-8:00pm)	13 Varsity 7on7 @ Chippewa Valley (6:00-8:00pm)	14 Varsity: Strength Training JV/FR: Practice (8:00-9:00am) Varsity: Practice JV/FR: Strength Training (9:15-10:15am) Speed Camp (10:30am-Noon)	15	16	17
18 Varsity: Strength Training JV: Field Work (8:00-9:00am) Varsity: Field Work JV: Strength Training (9:15-10:15am) Varsity Team Building (10:30-11:00am)	19 Varsity: Strength Training JV/FR: Practice (8:00-9:00am) Varsity: Practice JV/FR: Strength Training (9:15-10:15am) Speed Camp (10:30am-Noon)	20 Varsity 7on7 @ Stoney Creek (6:00-8:00pm)	21 Varsity: Strength Training JV/FR: Practice (8:00-9:00am) Varsity: Practice JV/FR: Strength Training (9:15-10:15am) Speed Camp (10:30am-Noon)	22	23	24
25 Varsity: Strength Training JV: Field Work (8:00-9:00am) Varsity: Field Work JV: Strength Training (9:15-10:15am) Varsity Team Building (10:30-11:00am)	26 Varsity: Strength Training JV/FR: Practice (8:00-9:00am) Varsity: Practice JV/FR: Strength Training (9:15-10:15am) Speed Camp (10:30am-Noon)	27 Varsity 7on7 @ Grosse Pointe South (6:00-8:00pm)	28 Varsity: Strength Training JV/FR: Practice (8:00-9:00am) Varsity: Practice JV/FR: Strength Training (9:15-10:15am) Speed Camp (10:30am-Noon)	29	30	31